



NEWSLETTER

February 2011

www.fremontnejaycees.org
PO Box 376, Fremont, NE 68026

Danielle
Schulz
President
402-719-7883
danielle.schulz@
rtgmedical.com

Senators Help the Fremont Jaycees Recruit New Members at State Jaycee Convention

“It was probably the most exciting thing I ever saw at a State Convention!” “What a great example of Senators helping the Jaycee organization!” “They truly care about the future of the organization!”

The Year End Nebraska Jaycee Convention was held in Fremont at the Clarion Inn on January 21-23, 2011. As at every convention, Jaycee Senators are in attendance and do many things such as provide hospitality to members and sponsor the First Timer books and toast. Senators are either current or past members who have earned the highest honor of the Junior Chamber International. But at any rate, Senators usually earn that title because they continue to care about the Jaycee organization.

In the act of challenging the Nebraska Jaycee organization to recruit members from the current 697 number to 1001, they set an example of how to get started. Senator Charlie Densen spotted a potential member at the Saturday night banquet of the convention. Sarah was one of the Clarion Inn catering staff members. He asked her if she would consider joining the Jaycees. Of course, she was working and didn't have much time to learn about the organization, but Charlie moved forward. He then asked the members and guests at the Banquet to donate towards paying for her dues. Attendees had no hesitation in throwing their money into a basket. Enough money was raised to pay for two members to credit towards the Fremont Jaycees! Sarah and her husband, Martin, are the two newest members of the Jaycee family.

This example of commitment to recruiting members by just “asking,” was very valuable for the NE Jaycee members to witness. The Senators are and will always be a great resource for chapters and its members. The Fremont Jaycees are very fortunate to have a few in Fremont that are still active and continue to care about the future of the organization. Thank you Senators and welcome to Sarah and Martin!

Upcoming Events

Board
Meeting
February 8
12:30pm
Outpost

GMM
February 22
6pm Outpost

Chamber
Coffees
Listed on
page 5

Management VP
Emily Wageman
720-1372
ewage@earthlink.net

Community VP
Deanna Kaup
619-0621
deekaup@yahoo.com

IDVP
Jeff Prokop
936-0801
killistico@yahoo.com

Membership VP
Libby Headid
727-6888
johnandlibby@hotmail.com

Secretary/Treasurer
Jennifer Sheets
719-6763
shnjenns@qwestoffice.net

State Director
Beth Brion
850-9277
bbrion@amfam.com

COB/Director/State IDVP
Jeremy Woodard.
578-5557
jwoodard7724@gmail.com

Director
Chris Gann
968-1995
Christopher.gann@bankof
thewest.com

INDIVIDUAL DEVELOPMENT

Jeff Prokop, VP

Member since October 2010



Hey what's happening Fremont,

I'd like to introduce myself. My name is Jeff Prokop and I've taken over the Individual Development position of your local Fremont Jaycees chapter. I wanna say thank you for welcoming me and that I look forward to a very rewarding and shocking time for 2011.

Cordially,

Jeff Prokop, I.D.V.P. Fremont Jaycees

3 Tips for Long-Term Motivation

Dan Robey, *The Power of Positive Habits* excerpts on motivation by Jon Benson

It seems so obvious, but one of the most overlooked “secrets” on planet earth is:

Ongoing Motivation

I'm talking about leveraging your brain to work FOR you rather than against you. In fact, that would be my definition for motivation: *Mental leverage toward your highest goals on a consistent basis.* It seems that motivation toward a higher purpose...DOING FOR A REASON OTHER THAN JUST YOURSELF...ended up skyrocketing folks to MORE success, more quickly. Once that state was reached on a daily basis, your goals become almost effortless; far less than a chore at the very least. If that sounds interesting, here are 3 tips to help you achieve it:

1. Use Neuro-Technology to your advantage. Sounds fancy, but all that means is using audio tools to help program your conscious and subconscious mind with “bigger picture goals”. Neuro Audios take advantage of the multiple “modes” of listening passively, physically and without even knowing it.
2. Write down your goals...but do it like THIS: Write your goal ‘headline’ or the thing you want to achieve. i.e. “I want to weigh 120 lb and have more energy for my kids 10 weeks from today.” Notice I stated I want to end up with this result and how that would look... THEN comes the magic. Under your headline, create 3 columns: FOR ME, FOR (NAME), FOR THE FUTURE. Make your goal “live” with the Self part, the Partner part and the Purpose part. The secret is to include all three.
3. Journal your journey: Make it simple. Journal at least 3 days per week and more if you can. Write down how you FEEL about your journey. What does it mean? How do you feel? Be sure to make the writing process as personal, detailed and inclusive (family/friends/etc.) as possible. Ongoing “big-picture” motivation is NOT a luxury option...it is the driving force behind everything important to you! If you have ever struggled with weight loss, goal achievement, or perhaps started a plan only to let it go a few weeks or months later, you owe yourself a huge favor.

If you wish to see more of this “tip” contact Emily at ewage@earthlink.net and she will forward the whole email with links to powerful free videos.

HOST CONVENTION



Top: Members Deanna and Emily pose for the Wanted Photo
 Bottom: Senator and Fremont past President, Jennie in the Hospitality Suite

Top: State Membership VP, Geneva rounded up for Jail and Bail Fundraiser for the NE Jaycee Foundation
 Bottom: Member Leo was the Convention emcee

The Fremont Jaycees hosted the Year End Nebraska Jaycee Convention at the Clarion Inn in Fremont on January 21-23, 2011. Over 50 Nebraska Jaycees registered and with Senators, guests and others coming and going, there were about 90 Jaycee family members in attendance. Registered guests were given a bandana, tattoos and their photo was taken so they could take home a memorable Wanted Dead or Alive photo frame. Fremont Jaycee members wore Western Hats, red bandanas and Sheriff Badges to get in the spirit of the theme, Jaycee Bonanza.

Besides the great fellowship and training for each officer area, we hosted a GREAT speaker. Dean Jacobs is a Fremont native, world traveler and author. He has traveled to over 50 countries and photographs people, scenery and invited us to take a journey of the seven wonders of humanity. His inspiration, stories and photos spoke deeply to many in attendance during the lunch hour and will be something that those in attendance will definitely remember from the weekend.

During the Friday night activities is when the Fremont Jaycees rounded up Desperados that had been charged with "makin' bad cornbread, or stealing horses" and the Marshall rounded them up for jail. If members purchased a red band, they were able to get out of jail free. That Jail and Bail fundraiser helped the Fremont Jaycees raise \$227 for the Nebraska Jaycee Foundation.

Awards ceremony was held in spite of the harsh weather that blew in on Saturday of the weekend, but the Hall of Fame presentation had to be postponed to the next convention. Many exciting awards were given to the Fremont Jaycees including Deanna earning 1st in Master Speak up to earn a trip to National Convention in Chicago this summer. Fremont also earned 1st in Parade of Chapters overall! The last time that happened was when Mary Spieker was President in 2002.

Fremont Awards



Emily Awarded Jaycee of the Year



Jeff Awarded Brownfield Award



Deanna Awarded a Gold Key

The Fremont Jaycee 2010 Year End Awards night was held on January 15th at the Outpost Grille. With members and guests from Omaha in attendance the night was a good time to talk about the year and install the new board for 2011. With 2010 President, Jeremy Woodard, at the gavel, the following awards were presented:

- ***Brownfield Award** for a new member who has excelled in their 1st year as a member—Jeff Prokop
- ***Armbruster Award** for a member who has excelled this year, or continues to be a positive member for the chapter—Libby Headid
- ***Charles Cunningham Memorial** for someone who has helped the President, been the right hand person, confidant, pusher, puller, get it done kind of person—Emily Wageman
- ***Steve Brooks Memorial** for a board member they feel has gone above and beyond and worked well in all areas of the chapter—Emily Wageman
- ***Steve Peterson Memorial** for a member that has been well rounded, worked on all projects, chaired projects—Beth Brion
- ***Leon Hollman Memorial** for a general member that has been well rounded in all aspects of the chapter—Danielle Schulz
- ***Gold Key Awards**—Danielle Schulz, Deanna Kaup, Emily Wageman, David Tollefson
- ***Project of the year** for the most impact of the chapter, its members and the community—Midland Back to Business Bash
- ***Jaycee of the year** who has been a good, well rounded Jaycee and has worked all areas of the chapter as well as chaired projects—Emily Wageman

Leo Blaha was presented a sweatshirt as an incentive from the Nebraska Individual VP for chairing an Individual Development Seminar, *The Finer Things in Life*. Way to step up Leo!

Congratulations to all the award recipients and to the chapter for their dedication to the projects that we sponsor. Good luck to President Danielle and the new 2011 board of officers!

Calendar of Events



- Feb. 8
- Fremont Jaycee Board meeting; Outpost Grille; 12:30 pm
- Feb. 14
- Mainstreet of Fremont Sweetheart Fundraiser, purchase gourmet caramel apples for \$6 for your chance to win a ring! Call 721-2264 by Feb 10th to place your order.
- Feb. 22
- Chamber Coffee—Valentino's Pizza Ribbon Cutting 9-10 am, 1680 E. 23rd Ave North
- Feb. 24
- Chamber Coffee—Prudential Ambassador Real Estate Open house—4-6pm, 303 D. Street
- Feb. 22
- General Membership Meeting 6:00 pm Outpost Bar and Grille

SAVE the DATES:

- March 20
- Local Super Shooters at Linden Elementary School 1-3:30 pm
- April 2
- Fremont Hosts State Super Shooters at Midland University 7:30am-2:30pm
- April 8 and 9
- Chamber Bull Riding, Christensen Field
- April 15-17
- 1st Quarter Convention—York Holiday Inn. Early Registration Due by April 1st

Fremont Jaycees Dues Structure

In the past, members would pay for their dues the month prior to their renewal date. For example, Emily's renewal is recognized by Nebraska and National Jaycees in August. So she owes the full dues by July 10th.

In the year 2010, the Fremont Jaycee board agreed to go to yearly billing for all members. We chose to do this in order for us as a chapter to know if the members are renewing in a timely manner. The monthly invoicing was not happening and members were confused when they had to pay their dues. So a system of yearly invoicing was put into place in 2010. The following is the process for members in regard to dues again this year:

Yearly dues will be due by April 30, 2011. To cover for the whole year from May 2011-April 2012, yearly payment of full dues is \$49.50. Members have the option to pay \$25 to cover May-October and pay another \$25 by October 30 to cover November-April. A full year's dues are necessary though for your membership in the Jaycees.

In the situation that a member's intentions to renew will be due to the state earlier than the April deadline a board member will contact you with your intentions, but your payment of dues will not be due until either April 30 or October 30. New members will have their dues prorated when they join.